

Thank you Former Phillies Pitcher, Mitch Williams (99) "Wild Thing" for being a guest speaker for SJU Sports Psychology class. Thank you Grimley Financial for their sponsorship and membership to SJU IFBE [#familybusiness](#).

Mitch you are a scholar and a gentleman!

Our students witnessed the text book come alive with your experience of dealing with stress, pressure, and self-confidence.

Wishing you the best! [#wildthing](#) [#sport](#) psychology

